

Sea Product	Characteristics	Uses
Algae	extract alginate	A gelatinous seaweed extract Softens, hydrates and soothes skin
Bladderwrack Also called <i>Fucus</i>	a brown algae from the Atlantic Ocean and the English Channel	Softens skin, has anti-inflammatory and detoxifying properties
Carrageenan	A gel extracted from red seaweed	A natural thickener and emulsifier with a skin-smoothing effect, helps the skin retain moisture
Sea salts	Contain large amounts of beneficial minerals, extracted from evaporated sea water	Relieve muscle tension and inflammation; Dead Sea mineral salts are antibacterial, used to treat psoriasis, eczema and other skin problems
Kelp Also called <i>Laminaria</i>	an iodine-rich gel extracted from kelp plants	Soothes and detoxifies, a diuretic often found in cellulite creams
Kombu	A Japanese sea plant rich in vitamins and mineral salts	Detoxifies, stimulates circulation, improves skin tone